BRIDETTES

Kicking free from gender-based violence and coercive control, one high kick at a time.

PARTICIPANT RELEASE FORM

Welcome to the kickline. Thank you for sharing your story. Your voice matters — and by telling your truth, you're kicking open doors for others. This form explains how we may use the content created from your participation.

In this Release, "Bridettes" refers to the show currently known as Bridettes, including any successor name, title, rebrand, or related production. "Producer" refers to Tamara MC, PhD, Founder & Executive Producer of Bridettes.

Participant: _____

Founder & Executive Producer: Tamara MC, PhD

Project: Bridettes

1. Content Authorization

In exchange for the opportunity to participate in Bridettes, you authorize Tamara MC, PhD and those she works with (licensees, distributors, agents, assigns — collectively "Producer Parties") to record, capture, and create content from your participation, including your name, likeness, image, voice, interview, photographs, video, audio, and all derivative works (collectively, the "Content"). The Producer owns the Content.

Initials: _____

2. How Your Content May Be Used

You grant the Producer Parties the permanent, royalty-free right to:

- Use, edit, or choose not to use the Content
- Distribute in any media — video, audio, podcasts, books, audiobooks, anthologies, films, streaming, social media, and online platforms
- Create adaptations or compilations, including combining your story with others
- Use your name, biography, photograph, likeness, and voice in marketing, promotion, and publicity
- Transcribe, adapt, or edit your spoken words into written form for publication in books, anthologies, essays, articles, or other written works

The Producer has editorial control and may edit for length, clarity, or substance. Final editorial decisions rest with the Producer. The Producer is under no obligation to use, publish, or distribute the Content.

Initials: _____

3. Compensation

No payment, royalties, residuals, licensing fees, or compensation of any kind is due to you for your participation, your Content, or any use of your Content under this Release. You acknowledge and agree that no compensation has been promised or will be provided, now or in the future, regardless of how widely your Content is distributed or in how many formats it appears.

Initials: _____

4. Your Assurances

You represent and warrant that your statements are truthful to the best of your knowledge, your participation doesn't violate other agreements, and your statements don't infringe on others' rights. You represent that you own the copyright to, or have obtained all necessary permissions for, any photographs, videos, documents, or other media you provide to the Producer. You assume full legal and financial responsibility for any claims, disputes, or liabilities arising from media you have provided, and agree to indemnify and hold harmless the Producer Parties from any such claims. You are solely responsible for resolving any legal questions or disputes that arise from your statements or materials.

Initials: _____

5. Assumption of Risk

You acknowledge that participating in Bridettes involves discussing personal experiences that may include sensitive, traumatic, or emotionally difficult subject matter. You voluntarily choose to participate with full awareness of the nature of this project, and you assume all risks associated with your participation. You release the Producer Parties from any and all claims related to your participation in the Content.

Initials: _____

6. Written Works & Anthology

You grant the Producer Parties the right to transcribe, adapt, edit, and publish your Content in written form, including but not limited to books, anthologies, essays, articles, curricula, and educational materials. The Producer may edit your spoken words for readability, grammar, length, and narrative clarity while preserving the substance of your story. Your name, biography, and likeness may be used in connection with any written

publication. This right is included in the permanent, royalty-free grant in Section 2 and no additional compensation is due.

Initials: _____

7. Waiver of Injunctive Relief

You agree that your sole remedy for any dispute arising from this Release shall be limited to monetary damages, if any. You waive any right to seek injunctive or equitable relief that would restrain, delay, or prevent the production, publication, distribution, or promotion of the Content or any works derived from it.

Initials: _____

8. Assignment

The Producer may freely assign, transfer, or sublicense any or all rights under this Release to any person, company, network, production entity, or successor, without notice to or consent from the Participant. This Release shall be binding upon and inure to the benefit of the Producer's assigns, successors, and licensees. The Participant may not assign any rights or obligations under this Release.

Initials: _____

9. Agreement Terms

The rights you grant are permanent and worldwide. You release the Producer Parties from claims related to compensation or the use of your Content. This is the complete agreement between the Participant and the Producer, superseding any prior discussions or agreements, and may only be changed in writing signed by the Participant and the Producer. You confirm you are 18+ with legal capacity to sign.

10. Governing Law & Venue

This Release is governed by the laws of the State of Arizona. Any disputes arising from this Release shall be resolved exclusively in the state or federal courts located in Pima County, Arizona, and you consent to the personal jurisdiction of those courts.

11. Electronic Signature

This Release may be executed by electronic signature, including through DocuSign or similar platforms, which shall be equally binding as an original handwritten signature and carry the same legal force and effect under the Electronic Signatures in Global and National Commerce Act (E-SIGN) and the Uniform Electronic Transactions Act (UETA).

12. Severability

If any provision of this Release is found to be invalid or unenforceable, the remaining provisions shall continue in full force and effect.

13. Waiver of Breach

The failure of the Producer to enforce any provision of this Release shall not constitute a waiver of that provision or the right to enforce it at a later time.

14. Attorney's Fees

In any dispute arising from this Release, the prevailing party is entitled to recover reasonable attorney's fees, court costs, and related expenses.

15. Right to Counsel

You acknowledge that you have had the opportunity to consult with an attorney before signing this Release, and that you are signing voluntarily with full understanding of its terms and consequences.

Initials: _____

16. Survival

All provisions of this Release that by their nature should survive shall survive, including but not limited to all grants of rights, licenses, waivers, indemnification obligations, limitations of liability, assumptions of risk, assignment rights, governing law and venue provisions, and fee-shifting provisions.

I have read this Release, understand its terms, and acknowledge, consent to, and agree to all terms voluntarily.

Signature: _____

Date: _____

Printed Name: _____

Address: _____

Email: _____

Phone: _____

Emergency Contact (Name & Phone): _____

Questions? Contact Tamara MC, PhD at tamaramc77@gmail.com
